

# **Original Research Article**

# Evaluation of dentin cleansing by a detergent derived from castor oil (*Ricinus communis*) used as root canal irrigant: a scanning electron miscroscopy study

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## Abstract

Introduction and objective: To evaluate, by scanning electron microscopy (SEM), the cleaning of root canal walls after biomechanical preparation and irrigation with castor oil (Endoquil<sup>®</sup>) and 0.5% sodium hypochlorite (NaOCl). Material and methods: Fifteen maxillary incisors were subjected to standardized root canal instrumentation with different irrigants (n = 5): G1 - Endoquil; G2 - 0.5% NaOCl; G3 – saline solution (control). After instrumentation, the teeth were prepared for SEM analysis (X 2000 original magnification) to evaluate the cleaning of cervical, middle and apical thirds. The area analyzed was quantified according to the percentage of open and closed tubules and data were statistically analyzed by ANOVA and Kruskal Wallis tests. **Results:** Statistical analysis showed that Endoquil was similar to 0.5% NaOCl at the apical third. However, there was statistically significant difference at the cervical and middle thirds, between these two groups. **Conclusion:** It was concluded that Endoquil presented better results at the middle third while 0.5% NaOCl presented better results at the cervical third; at the apical third, both irrigants were similar.

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## Introduction

Endodontics is constituted by the triad: biomechanical preparation, microbial control and root canal obturation. The biomechanical preparation has two objectives, namely to complete the disinfection cycle of the root canal system and to shape the main root canal with appropriate and sequential instrumentation procedures combined with irrigants showing chemical-physical properties and antiseptic activity, promoting microbial control and root canal cleaning [1, 16].

The root canal irrigation aims to remove organic rests, smear layer, microorganisms or any chemical substances derived from the instrumentation process. Some authors reported the harmful action of the dentin plug on the apical healing [4, 6] and the presence of microorganisms at deep sites [9].

The auxiliary chemical substances used during root canal instrumentation play an extremely important coadjutant role in the disinfection of root canal regions that cannot be reached during biomechanical preparation [20]. The final cleaning of the main and accessory root canals directly influences the amount of remaining smear layer, which has a great influence on the adhesion of the obturation materials to the root canals [18].

Thus, some alternative irrigating solutions with antimicrobial action and biocompatibility have been proposed [7, 8, 23].

One of these substances is the castor oil, known as Endoquil (Poliquil, Polímeros Químicos LTDA., Araraquara, São Paulo, Brazil). This phytotherapeutic polymer is obtained from the seeds of the *Ricinus communis* plant. Considering the search for the ideal irrigant and following the guidelines of the World Health Organization, which recommends the use of animal, vegetal or mineral products, the utilization of a detergent derived from the *Ricinus communis* plant polymer at 10% has been suggested not only because of its excellent biological properties [2, 3], but also because of its antimicrobial activities, as demonstrated by Ferreira et al. [6], Leonardo et al. [9].

Motivated by the several endodontic irrigants available for clinicians and considering that the substance derived from the castor oil (ricinoleic acid) has been subject of several studies on different aspects [2, 3, 8, 10, 12, 17, 21], the aim of this study was to evaluate the root canal cleaning, since the higher the amount of remaining smear layer, the higher will be the risk of persistent infection.

## Material and methods

Fifteen extracted intact maxillary human central incisors were selected from the Tooth Bank of the Dental Clinic of University of Mogi das Cruzes. All this bank's teeth are collected at the dental clinic after the achievement of patient consent. After recording, the teeth are available for utilization at classes, procedures or researches.

Radiographies were taken of all teeth to check any anatomical changes and standardize the specimens. Afterwards, the teeth were washed in tap water, autoclaved and hydrated in saline for one week before onset of the study. An access surgery was executed in all specimens using appropriate diamond burs, removing the entire dentinal remnant from the coronal pulp chamber for performing odontometry by the visual technique.

Then, the teeth were randomly divided in three groups:

• **Group 1:** Endoquil (Poliquil, Polímeros Químicos LTDA., Araraquara, São Paulo, Brazil);

• **Group 2:** 0.5% sodium hypochlorite (0.5% NaOCl) (positive control);

• **Group 3**: saline solution (negative control).

In all groups, the root canal biomechanical preparation was accomplished using appropriate endodontic instruments and K-type files (size 15 to 45), prioritizing the serial technique according to the anatomical conditions of the teeth. Root irrigation and suction was performed according to the auxiliary chemical substances, as defined in the experimental groups. A total of 5 ml of the irrigant was used at every change of instrument.

Twenty-four hours after the experimental process, the teeth were prepared for the analysis of results. Buccal and palatal grooves were made on the cervical region of each tooth to facilitate the transverse section, using a carborundum disc to remove the tooth crown completely. A second longitudinal section was made to separate the root in two parts.

For the scanning electron microscopy analysis, the specimens were dehydrated by immersion in increasing alcohol concentrations. After that, the specimens were kept in a bacteriological incubator at 37°C overnight and then mounted on metallic supports for gold sputtering. The scanning electron microscopic analysis was made and photomicrographs were obtained at X2000 magnification.

The evaluation was performed by counting the quantity of open and closed dentinal tubules in each specimen of each study group, by visual method (figure 1).

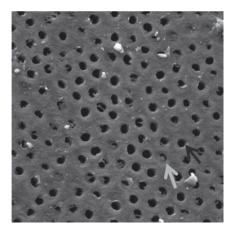


Figure 1 - Schematic representation of the photomicrography (X2000 original magnification) for counting of open tubules (OT - red) and closed tubules (CT - green). (OT + CT = total of dentinal tubules. OT/Total \* 100)

The collected data were analyzed as the mean of exposed dentinal tubules in each photomicrography and then organized and compared by statistical analysis.

## Results

The descriptive statistics of root canal cleaning according to the percentage of open tubules at each root third for each group is shown in table I.

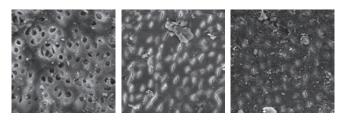
**Table I** – Percentage of open tubules at each root third for each group (n = 5)

	Endoquil	0.5% NaOCl	Control
Cervical	34.8	70.4	37.2
Middle	49.2	22.4	49.6
Apical	27.4	20	21.2

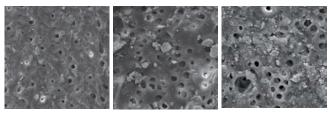
The non-parametric Kruskall-Wallis test demonstrated no significant difference between groups irrigated with Endoquil and 0.5% NaOCl at the apical third, however, a statistically significant difference at 5% was observed at the cervical and middle thirds (table 1). Endoquil presented better results at the middle third compared to 0.5% NaOCl. Endoquil was statistically similar to control group at the cervical, middle, and apical thirds.

The photomicrographs below (figure 2-4) demonstrate representative SEM images of the cleaning obtained by the chemical substances

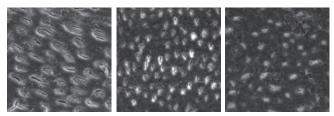
used for biomechanical preparation in the different experimental groups (X2000 original magnification).



**Figure 2** – Photomicrographs of a dentin wall after biomechanical preparation with 0.5% NaOCI (X2000 original magnification, at the cervical, middle and apical thirds)



**Figure 3** – Photomicrographs of a dentin wall after biomechanical preparation with Endoquil (X2000 original magnification, at the cervical, middle and apical thirds)



**Figure 4** – Photomicrographs of a dentin wall after biomechanical preparation with physiological saline solution (X2000 original magnification, at the cervical, middle and apical thirds)

## Discussion

The presence of bacteria in the root canal and surrounding regions is the main reason of endodontic treatment failure [22]. Although endodontic infection is a polymicrobial process, the predominance of anaerobic bacteria demands the integrally and satisfactorily removal of almost all microorganisms. To reach this point, it is necessary to prioritize the biomechanical preparation by the choice of the right technique associated to an auxiliary chemical substance that should have antimicrobial properties, organic and inorganic tissue solvents; be biologically compatible with the Aguiar et al.

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periapical tissues; and able to clean the main and accessory root canals [12]. This study evaluated the cleaning ability of Endoquil and 0.5% sodium hypochlorite. Both substances presented different behaviors when analyzed by scanning electron microscopy. Significant difference was observed between groups irrigated with Endoquil and 0.5% NaOCl at the cervical and middle thirds. However, both substances were similar at the apical third. Just few studies illustrate the objectives of this study. Similar results were found by Mônika and Fröner (2006) [13], where the authors verified that Ricinus communis gel was not an efficient root canal cleaning agent. Furthermore, no significant difference could be found between the middle and apical thirds of the roots. However, other investigations showed that the castor oil polymer presents satisfactory antimicrobial potential Ferreira et al. [6] and good biological compatibility Leonardo et al. [9].

The castor oil polymer has demonstrated biocompatibility and antimicrobial activity on Gram-positive bacteria and yeasts [2,3,5]. A study on teeth with pulp necrosis and periapical injury demonstrated that the castor oil detergent has antimicrobial activity similar to 0.5% sodium hypochlorite [5]. Derivatives of castor plant can be found as polyurethane polymers, detergents or gel. Endoquil is a detergent derived from 3% ricinoleic acid with antimicrobial action [8]. The world tendency to search for biodegradable, non-pollutants and biomass derivative materials has encouraged the development of studies on polyurethanes derived from the castor oil polymer, offering new perspectives for its development. Thus, new products with different applications, such as Endoquil, are being studied as root canal irrigants [13].

Several chemical substances have been used as irrigants during biomechanical preparation. Due to several properties, such as the capacity to dissolve organic material, lubricating action, neutralization of toxic content and antimicrobial activity, sodium hypochlorite is currently the most used substance during root canal instrumentation and irrigation [11, 19, 24]. However, its use at high concentrations can cause irritation to periapical tissues [14]. The sodium hypochlorite is a strong alkaline solution with two main characteristics: ability of pulp tissue dissolution, due to its high alkalinity; and germicidal property, which is related to the formation of hypochlorous acid and active chlorine release. The antimicrobial action of this acid occurs due to the oxidation of bacterial enzymes, which disorganizes its metabolism [19]. On one hand, the higher the concentration, the better it will be the antimicrobial effect. On the other hand, it must be carefully used to

avoid its contact with the periapical region, causing serious inflammatory reactions. Conversely, the lowest concentrations can considerably reduce its disinfection power, although well accepted by the tissues [19].

## Conclusion

After data analysis, it was possible to conclude that Endoquil presented better results at the middle third, while 0.5% NaOCl presented better results at the cervical third, and both irrigants were similar at the apical third. However, further studies are necessary to indicate Endoquil during the root canal biomechanical preparation in the endodontic treatment.

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