

Short Communication

Identification of root canals in maxillary molars using cone beam computed tomography

Identificação de canais radiculares nos molares superiores utilizando tomografia computadorizada

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Abstract

Introduction: Knowledge on variations in the root canal system is essential for a successful endodontic treatment. **Objective:** To present a case of identification of root canals in the maxillary left first molar, including the fourth root canal in the mesiobuccal root, using cone beam computed tomography (CBCT). **Conclusion:** The CBCT system proved to be relevant in providing important information on the root canal system for the planning of endodontic treatment in cases of persistent infection or access difficulties.

Palavras-chave:

primeiro molar superior; canal radicular; ramificações do canal radicular; Endodontia; tomografia computadorizada do feixe cônico.

Resumo

Introdução: O conhecimento sobre as variações dos sistemas de canais radiculares é essencial para o sucesso do tratamento endodôntico.

Objetivo: Apresentar um caso de identificação dos canais radiculares do primeiro molar superior esquerdo, incluindo o quarto canal na raiz mesiobucal, por meio da utilização da tomografia computadorizada do feixe cônico. **Conclusão:** O sistema de tomografia do feixe cônico mostrou-se relevante no fornecimento de informações importantes sobre o sistema de canais radiculares para o planejamento do tratamento endodôntico em casos de infecções persistentes ou dificuldades de acesso.

Introduction

Endodontic problems are difficult to diagnose using two-dimensional radiography. A cone beam computed tomography (CBCT) system specifically designed for hard tissue imaging of the maxillofacial region has recently become commercially available, and it provides an accurate, non-invasive, practical method for the management of endodontic problems [3, 6]. The literature describes wide variations in root canal morphology of maxillary first molars, such as first molars with two palatal roots [4].

The root anatomy of the maxillary first molar predominantly comprises three roots (over 95%); two-rooted teeth are rarely reported and may be a result of fusion of the distobuccal root with the palatal root or fusion of the distobuccal root with the mesiobuccal root [2]. Single root or conical shape of the maxillary first molar are rarely reported. The internal root canal system morphology reflects the external root anatomy. However, the prevalence of two canals in the mesiobuccal root is nearly 57% according to the literature [2]. Less variation is found in the distobuccal and palatal roots. Using CBCT, this case identified the root canals of the maxillary left first molar, including the fourth root canal in the mesiobuccal root.

Case report

A 39-year-old Caucasian woman was referred to the Maxillofacial Radiology Center for evaluation and was submitted to CBCT (i-CAT, Imaging Sciences International, Hatfield, PA) due to suspected root fracture of the maxillary left first molar because of a history of occlusal trauma, coronal fissure and persistent sensitivity to percussion. Her medical history was noncontributory. Clinically, the tooth presented occlusal restoration. No alterations at the periapical region could be observed on the

periapical radiography (figure 1). Endodontic coronal access, initial instrumentation and irrigation with 2.5% sodium hypochlorite of three root canals had already been performed after clinical diagnosis of irreversible pulpitis.

A CBCT of the maxilla was obtained in order to investigate the presence of root fracture. The involved tooth was focused, and the morphology was obtained in coronal, axial, and sagittal sections with 1-mm thickness. The sagittal section showed an image similar to a periapical radiography (figure 2). Coronal sections revealed that the maxillary left first molar has a single palatal root and canal (figure 3), a single distobuccal root and canal (figure 3 – “v.” indicates the buccal aspect) and a mesiobuccal root with two canals, namely mesiobuccal and mesiopalatal (figures 4 and 5). The axial section, displayed in figure 6, shows the opening of root canals. The hypothesis of root fracture was ruled out according to the CBCT images. A detailed analysis of the root canal system might be accomplished using CBCT. Mucosal hyperplasia of the maxillary sinus was also observed, which was not associated with dental infection.



Figure 1 - Initial periapical radiography of the maxillary left first molar



Figure 2 - Sagittal section of the maxillary left first molar showing an image similar to a periapical radiography

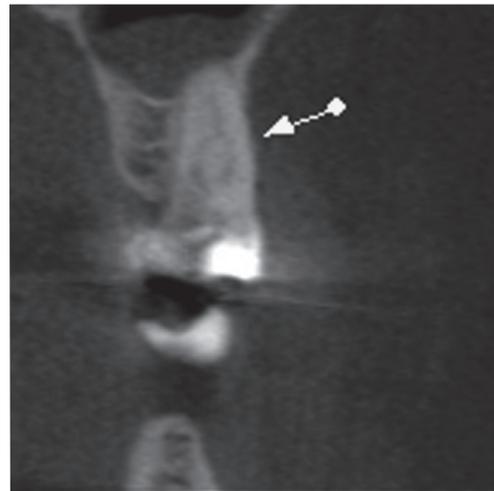


Figure 5 - Coronal section showing the two canals, mesiobuccal and mesiopalatal

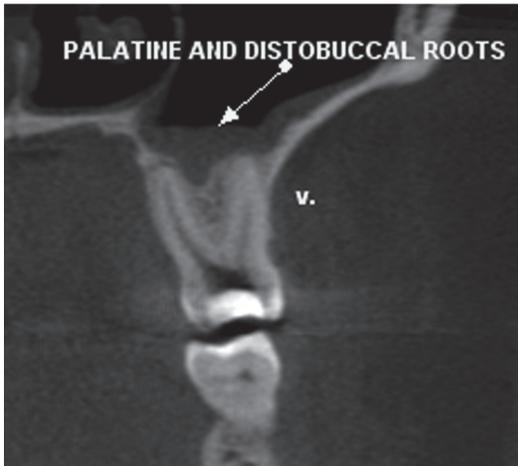


Figure 3 - Coronal section revealed that the maxillary left first molar has a single palatal root and canal and a single distobuccal root and canal. "v." indicates the buccal aspect

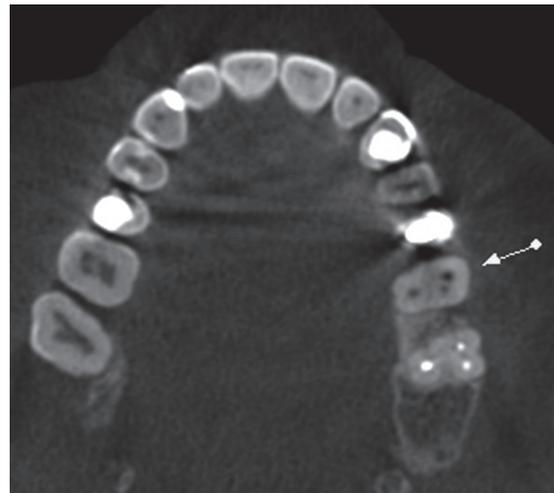


Figure 6 - Axial section shows the opening of root canals



Figure 4 - Coronal section revealed that the maxillary left first molar has a mesiobuccal root with two canals, namely mesiobuccal and mesiopalatal

Discussion and conclusion

A key objective of successful nonsurgical endodontic treatment is the cleaning and shaping of the root canal system. Knowledge on possible root canal morphologies is a factor in achieving this goal [7]. Although it has been reported that non-microbial factors might be implicated in the failure of root canal treatment, literature suggests that persistent interradicular or secondary infections are the major causes of unsuccessful root canal treatment [8]. Knowledge on variations in the root canal system is essential for a successful endodontic treatment. The advantages of CBCT include increased accuracy, higher resolution and scan-time reduction. The patient receives an absorbed dose similar to a periapical survey of the dentition [5]. Baratto

Filho *et al.* (2009) [1] demonstrated that operating microscope and CBCT have been important for locating and identifying root canals, and CBCT can be used as a good method for initial identification of maxillary first molar internal morphology.

Although artifacts from metallic objects can be disturbing, CBCT system proved to be relevant in providing information on the root canal system for the planning of endodontic treatment.

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